

## We've updated our Guide to a Successful Fitout

To be inline with current trends and regulations we have updated our Guide to a Successful Fitout. There are three ways to access our updated fitout guide.

1. [Go to the fitout guide page on our website >>](#)
2. [Download a PDF of the fitout guide >>](#)
3. [Read our in-depth 20 step blog series. >>](#)



## Creating a premium relaxing experience

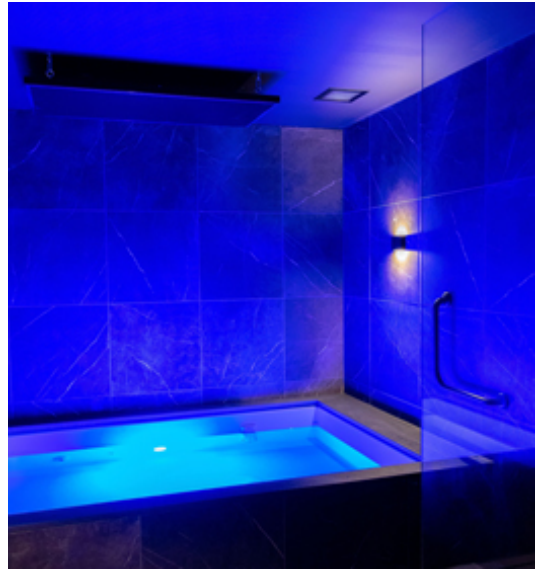
### City Cave case study

#### Client Profile

City Cave is the fastest growing wellness franchise company in Australia. Each site offers a range of float therapy, infrared saunas, massage, and specific practitioners for health and wellbeing.

#### Scope of Works

The fitout needed to be built in line with the correct City Cave head office requirements for the space, branding and finishes for the franchise business.



## Find out how we did it



### James Kabourakis has joined our team

James joins the busy Apex Executive Interiors team as a Project Manager having worked in the fitout industry for over nine years across multiple sectors including premium office builds, high-end retail and hospitality. He particularly enjoys the problem solving aspect of being a Project Manager and the satisfaction of seeing a successful project through from start to finish. Contact James on 0409 961 132 or [james@apexei.com.au](mailto:james@apexei.com.au)

### Gabriella Arcidiacono has joined our team

Gabriella joins the Apex Executive Interiors team as a junior designer having completed a Certificate IV in interior design and decoration and is currently continuing her studies to complete her diploma. She already actively collaborates at a team level by developing, communicating and constructively evaluating our interior design projects. Contact Gabriella on 0447 754 857 or [garcidiacono@apexei.com.au](mailto:garcidiacono@apexei.com.au)



[Checkout our office space and cost calculator](#)

