

Client: City Cave
Location: North Strathfield, Sydney
Time Scale: 7 Weeks
Area: 250 m²

Client Profile

City Cave is the fastest growing wellness franchise company in Australia. Each site offers a range of float therapy, infrared saunas, massage, and specific practitioners for health and wellbeing.

Scope of Works

The fitout needed to be built in line with correct City Cave head office requirements for the space, branding and finishes for the franchise business.

Works Included

- ▲ Slab excavation for drainage.
- ▲ Back filling and slab infill.
- ▲ Construction of the interior.
- ▲ Accented coloured ceilings.
- ▲ Feature walls and joinery.
- ▲ Large format tiling.
- ▲ Vinyl timber flooring.
- ▲ Electrical, data and specialist mood lighting.
- ▲ Plumbing and hydraulics.
- ▲ Premium quality painting.

Challenges

1. Ensure the build was compliant to head office requirements.
2. Adhere to a tight time frame and budget without compromising on the high end finishes.

Solutions

1. Clear communication between the client, designer and contractors was a key part of the process.
2. Having already completed eight previous City Cave builds our process has been refined over time. A detailed timeline was developed and adhered to. A major time saving factor was utilising the same trades that had completed the previous builds.

“The team at APEX were professional and accommodating from the get go. Building is daunting in its own way, however the team at APEX walked us through step by step. They kept us in the loop with all matters concerning the build and their communication and dedication to their client was paramount and is reflected in the final product.”

Josie Wakim, City Cave North Strathfield

